## Please bring ALL your medicines to your next appointment.

You will work with your health care team to make a medicine list. Please make sure you bring (in the original container):

- □ Prescription medicines.
- ☐ Medicines you buy without a prescription (like Tylenol® or cold medicine).
- □ Ointments or creams.
- □ Bottles of drops.
- □ Inhalers.
- ☐ Injections.
- □ Vitamins and herbal medicines.
- ☐ Any questions you have about your medicines.

All your medicines from all your doctors!

Even medicines you don't take all the time!





## Your next appointment is

Mon. Tue. Wed. Thur. Fri. Sat.

Date:\_\_\_\_\_

at: \_\_\_\_\_AM[ ] PM[ ]